

Jane A Doe, BS, BHSS  
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## Professional Summary

Motivated and compassionate individual with a bachelor's degree in psychology. Specialized clinical training and certification to provide brief psychological interventions under supervision. Experienced in supporting individuals with mental health challenges through evidence-based approaches and trauma-informed care. Skilled in behavioral observation, data collection, and client communication. Passionate about promoting mental well-being and pursuing a career in mental and behavioral health services.

## Education

### Bachelor of Arts in Psychology

Eastern Washington University, Cheney, WA (2022-2026)

- 3.7 GPA
- Relevant coursework: Abnormal Psychology, Clinical Assessment, Counseling techniques (motivational interviewing, CBT-A, Behavioral Activation, etc)

## Certification

**Behavioral Health Support Specialist (BHSS).** # [Link to HELMS](#), note active or pending

## Clinical and Specialized Training

### Eastern Washington's BHSS Clinical Training Program

- Completed 45 plus hours of specialized training to prepare for certification as a Behavioral Health Support Specialist.
- Completed two quarters of practicum focused on assessment, care management, and brief psychological intervention techniques at Spokane Behavioral Health Agency.
- Independent and co-delivered mental health treatment in outpatient behavioral health clinics.
- Applied ethical and professional standards in client interactions with substantial case documentation.

## Relevant Experience

### Crisis Hotline Volunteer

Crisis Connections, Seattle, WA (2023-2024)

- Responded to incoming calls, texts, or chats from individuals experiencing emotional distress, suicidal thoughts, or crisis situations.
- Provided active listening, empathy, and nonjudgmental support to help callers stabilize and feel understood.
- Assessed risk levels by asking evidence-based questions related to safety, self-harm, and immediate needs.
- Utilized crisis intervention techniques to de-escalate high-stress situations and promote coping strategies.