

Jane A Doe, BS, BHSS

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Date

John Smith, MA, LMHC

1234 Main St.

Spokane, WA 99203

I am submitting my resume and application for the open therapist position with your organization. I represent a new member of the mental and behavioral health workforce in Washington called a Behavioral Health Support Specialist (BHSS). A BHSS is certified by the Department of Health to deliver brief psychological interventions for common mental and behavioral health conditions under supervision. My scope of practice includes contributing to biopsychosocial assessments, developing treatment plans, and managing a caseload of clients in therapeutic care under the supervision of a provider licensed to assess, diagnose and treat mental and behavioral health disorders.

I was excited to learn about the position with your organization and the specific duties which include screening and assessment, care planning and care coordination, culturally responsive services, and mental health treatment for persons meeting eligibility criteria for services. I completed a state required practicum/internship under the supervision of a licensed mental health counselor whereby I had the opportunity to learn, co-deliver, and independently deliver interventions for persons with diagnoses on the depression, anxiety, and adjustment disorder spectrums. I believe this experience has prepared me to engage clients with compassion, and a trauma-informed lens, while maintaining appropriate boundaries in care delivery.

Additionally, I have a background in volunteering with organizations focused on youth based mental health as a peer support specialist. This experience prompted me to pursue a bachelor's degree in psychology at EWU. While I am an early career mental health provider, I am organized, dependable, open to learning, and ready to engage in team-based care.

If you are unfamiliar with the behavioral health support specialist certification, I am happy to explain this in more detail, or you can visit the [University of Washington BHSS website](#) or [Department of Health BHSS website](#) for more information.

Thank you for reviewing my cover letter and resume. I look forward to hearing from you if you believe there is a potential fit between my knowledge and skills and the job duties for the open position.

Sincerely,

Jane Doe, BS, BHSS