

## LO-6 Affirmation and Psychoeducation Example

### ***A sample script of a BHSS affirming and offering psychoeducation to a patient***

*“It so great that you achieved your goal of switching from injecting to smoking meth this past week [affirmation]! You know, smoking meth is much safer than injecting because it bypasses the risks of injection, like passing on HIV or Hep C or getting an abscess [psychoeducation]. So, way to keep yourself safer and healthier this week [affirmation]! Tell me more about how that went [eliciting the narrative with an open-ended question].”*

This script appears in the UW BHSS Educator’s Guide chapter on Intervention, unit: Harm Reduction.