

Figure 2. Use Reduction versus Harm Reduction

Illustrative comparison of the difference in mindsets

USE REDUCTION	HARM REDUCTION
<ul style="list-style-type: none">▪ Ultimate goal is abstinence.▪ Use and harm correlate 1:1.▪ Role is prescriptive: Clinician “prescribes” treatment goal and pathway.▪ Doctor-knows-best!	<ul style="list-style-type: none">▪ Ultimate goal is harm reduction.▪ Use and harm do not correlate 1:1.▪ Role is predictive: Clinician helps client assess their risk for harm and develop ways to reduce risk.▪ Client knows better!

Figure 2. Use reduction vs harm reduction mindsets

Figure 2 appears in the UW BHSS Educator’s Guide chapter on Intervention, unit: Harm Reduction.