

Figure 11. Example Way for Recording Goals and Progress

SHaRE (Support, Health, Activities, Resources, and Education) form for tracking weekly goals/progress

SHaRE Form		
		Week xx assessment of week xx goals
	Participant's Stated Goals (week xx)	
		Progress y/n
		Achieved y/n
1	<i>Talk to case manager about <u>voc</u> counseling -Thurs 3pm</i>	
2		
3		
4		
5		
6		
Week xx notes on progress towards goals since week xx:		

Figure 11. Example SHaRE form to record goals and progress

Figure 11 appears in the UW BHSS Educator’s Guide chapter on Intervention, unit: Harm Reduction.